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TITLE: The Assessment of Post Covid 19 Manifestations in recovered patients and the factors associated with high symptoms burden.

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ABSTRACT:

Although there are no clear cut definition of the stages of COVID-19 recovery, people are generally considered to have long COVID if they have symptoms that develop during or after COVID 19 and persist for 3 months after initial infection. Long COVID is a new condition which is still being studied.

The goal of this study was to evaluate the health status of recovered COVID 19 patients and analyze the factors associated with a high burden of symptoms. This was a cohort study among hospital released and recovered COVID-19 patients after 3-6 months of infection.

Data was collected through a structured interview and analyzed by IBM SPSS. Results showed fatigue, anxiety, joint pain are the most common symptoms and for good quality of life, dietary habits, control of chronic illness were also important to focus on.

BIOGRAPHY:

Khadija Begum completed her FCPS (Fellow of College of Physicians and Surgeons) from Bangladesh, followed by MRCP (Membership of the Royal Colleges of Physicians) from the UK. She is working as Associate Professor of Department of Medicine and has 20 publications.

RECENT PUBLICATIONS:

- Musculoskeletal and mental health problems of adult smokers of Dhaka city: a cross sectional study.
Asian J. Med. BioL. Res. 2023 9(3) 89-96

- Night time smoking among Bangladeshi adults affects sleep quality and musculoskeletal health. Asian J.Med.BioL.Res.2022 8(4) 264-269
- Non-Alcoholic Fatty Liver Disease in Pregnancy with Estimation of Fetomaternal Outcome in a Tertiary Hospital in Bangladesh.Journal of Ad-din Women’s Medical College. Vol 10. No.1 Jan 2022
- The assessment of Post COVID 19 manifestations in recovered patients and the factors associated with high symptoms burden. Bangladesh Journal of Medicine (BMJ).2023.Vol 34:214-222
- Thyroid Disorders in arsenic prevalent area in Bangladesh. Thyroid Research and Practice Vol.18,issue 1,2021

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