



2nd International Conference on
DERMATOLOGY AND COSMETOLOGY
May 09-10, 2024 | Bangkok, Thailand

**TITLE: Skin Enhancement in Modern
Integrative treatment with
a holistic approach**

Name: Dr.Karin-vira Annop-narong, MD, CCWS
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Formerly known as
(Vipawan Annopornchai)



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ABSTRACT (upto 300 words)

The proposed speaker will discuss an integrative lifestyle modification that combines functional nutrition, alternative naturopathic medicine, cell therapy, and a holistic approach to enhance the skin's quality from the inside out. Physicians and healthcare practitioners are increasingly adopting a holistic approach to patient care, which aims to identify the root causes of their health concerns and help them make lifestyle changes that promote inner-out beauty.

The speaker's presentation will focus on the successful results of this approach in middle-aged women who are concerned about their skin's quality, including its youthfulness, rejuvenation, brightness, and firmness.

The speaker's presentation is based on a finalist award-winning clinical case study that explores the effectiveness of an integrative approach in treating acne vulgaris in young men and women. The study found that a combination of topical therapies, Intense Pulse Light therapy, and the removal of certain foods based on food intolerance testing produced significant improvements in patients' skin quality over a three-month period. The study demonstrates the potential of integrative medicine and alternative therapies to enhance skin health and promote long-term results.

Based on: Finalist Award in Clinical Case in Skin Enhancement and Integrative Acne Treatment: 6th Anti-aging and Beauty Trophy 2018-2019, Monaco Work Base on Food Intolerance Test



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BIOGRAPHY (upto 200 words)

Dr.Karin-vira Annop-narong, MD, CCWS

Thai Preventive doctor and Holistic Wellness Specialist

Co-Founder of Doctorvip Group , Thailand
(Wellness education and consulting expertise)

She has experience in Anti Aging, Wellness, and Aesthetics for more than 10 years and is the head of Doctorvip Wellness-Wellbeing Academy. She has taught many junior doctors that have been working for anti-aging and wellness clinics together with consulting set-up wellness department. She serves as smart mom mentor to public health organization as Dr.Wellbeing of smart lady society



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